

La pandemia di Alice: l'analisi di transfert positivo

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Summary – THE PANDEMIC WITH ALICE: A CASE OF POSITIVE TRANSFERENCE ANALYSIS.

This paper aims to describe a case of an Adlerian Psychodynamic Psychotherapy (APP) during the pandemic. The story of Alice and her psychological suffering aggravated by the current health emergency, allows some reflections on the nature of the analytical work and its implications. The following items will be described: the diagnostic evaluation (according to PFL-Psychopathological Functioning Levels), the treatment, the implications of pandemic on the therapeutic path and the transference analysis as a way to encourage a new emotional and relational experience for the patient.