

The network of fictions in the construction and modification of the lifestyle

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Summary. The idea of this communication is inspired from the observation in clinical practice of the recurrence of a particular phenomenon: patients with which it is made a therapeutic work at the age of 6-7 years and who came back to the analyst after 10-11 years, reported memories and dreams, indicators of fictions used, other than those recorded years before, while maintaining the same personality structure. Other people however, retain and report the same episodes and the same material previously presented and the analogy characterological organization. In both cases, however, major improvements can be seen, symptomatic and relating to the construction of vital tasks. Therefore, the question naturally arises: why some people retain after decades the same memories and remember the same experiences that may indicate the persistence of the fictions that underlie an unproductive way of life, which in reality then is not so unproductive, and others seem to have radically changed their earliest memories and dreams, and their way of producing fiction, while substantially maintaining the same structural characteristics? This contribution will try to clarify the issue through an investigation of the role of the creative Self, ultimately “the architect” who creates fictions employing the individual in his unique and unrepeatable being in the world.