

# Language and social feeling: from the river of savana to the study of psychotherapy

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## ABSTRACT

Verbal language developed from the gestural language of anthropomorphic monkeys. This evolution was driven by the need to cope with emotions and attitudes, which led to an improvement of communication and to the birth of empathy. Nevertheless, the development of social feeling could be impacted by the Dunbar's number, which can explain aggressivity and violence among groups. In this respect, it is possible that the acquisition of verbal language is correlated to the rise of schizophrenia. Lastly we will describe possible uses of language as encouragement for a fruitful cooperation in psychotherapy.