

The dream, the body image and the fear of putting on weight

[CD_065_Lavagnino et Alii](#)

The full article is available for download in Italian only.

[DOWNLOAD PDF](#)

Summary. Body image and fear of putting on weight are important aspects of Anorexia Nervosa and Bulimia Nervosa. Dreams could be useful in these patients to detect unconscious contents. In this article some instruments to assess fear becoming fatter are discussed.