

# Mea Culpa: che cosa deve fare l'umanità? L'esperienza di Adler durante la pandemia

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Summary - MEA CULPA AND WHAT IS HUMANITY TO DO? ADLER'S UNDERSTANDING OF AND APPROACHES TO PANDEMICS. Alfred Adler lived through the epidemics of typhus, malaria, diphtheria, and later the Spanish flu as an army physician between 1916 and 1918. He was a physician in Wien after the World War I. Yet there are no direct references to the Spanish flu in any of his writings during or about the corresponding year. This article discusses the social, economic, and public health environment in which Adler lived between 1918 and 1920, details of his life, the focus of his work during those years, the possible reason he never mentioned the Spanish flu directly, and a clear holistic evolutionary approach to the pandemics that is visible and palpable in Adler's writings

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# Lutto fisiologico e lutto patologico durante la pandemia di Covid-19: uno studio sperimentale

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Summary - PHYSIOLOGICAL AND COMPLICATED GRIEF DURING COVID-19 PANDEMIC: AN EXPERIMENTAL STUDY. In the early 2020 a new coronavirus, Sars-Cov-2, has spread all over the world causing the current pandemic situation. The current social distancing has changed the way people die and may influence the grief of COVID-19 patients' caregivers. The aim of this study was to investigate the possible predictor factors of complicated grief disorder in a preliminary sample of 31 caregivers of patients died six months earlier, because of COVID -19. The 48.4% of the sample met the criteria of complicated grief. Being single or widowed and have lived during the lockdown alone, or only with the partner or with the child/children and feeling guilty of having survived to the loved ones have been associated with the presence of complicated grief. On the contrary, having attended the funeral was a protective factor for the development of complicated grief. In this sense, the social support, and the occasions of sharing emotional experiences seemed to have a protective function against the development of complicated grief. As underlined by the Individual Psychology, the Social Feeling is a core element and a protective factor in facing an experience such as that of the pandemic and the loss of loved ones for COVID-19.

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## [Dall'équipe, al gruppo e, attraverso la rete, alla comunità](#)

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Summary - STARTING FROM EQUIPE, TO THE GROUP AND, THROUGHOUT THE NETWORK, TO THE COMMUNITY. This work intends to bring the experience of a medical practitioner, adlerian psychotherapist, at the time of the coronavirus pandemic. The evolution starting from the equipe to the group and, through the network community, has enabled a reflection about the inter and intra-subjective that the present historical time has caused

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## [I pericoli della quarantena](#)

[088\\_a\\_adler](#)

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Summary - THE DANGERS OF QUARANTINE. The process that nature forces on us is hard and inexorable. The stressors under which it places us and the impermanence of worldly goods, as well as our helplessness during the first years of our existence, create in every psyche a feeling of uncertainty and inferiority from which develops an urge to improve the human condition. Knowledge of the feeling of childhood inferiority and its compensation allow these forms of psychological regression to be framed well and require that it be remedied by better restoring social inclusion.

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## [Il virtuale che lega. L'intervento](#)

# psicologico al tempo del Covid. Condivisione, distanziamento, vicinanza virtuale

[088\\_c\\_rinaldini](#)

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Summary - THE VIRTUAL THAT CONNECTS PSYCHOLOGICAL INTERVENTION AT THE TIME OF COVID. SHARING, DISTANCING, VIRTUAL PROXIMITY. As Adlerian therapists, in search and protection of social sentiment, we are questioning ourselves on which paths of well-being to follow in a therapeutic logic where closeness, as a profound experience of care, is opposed to distancing, as an indispensable way of salvation. The virtual relationship during lockdown allowed for a preservation of bonds avoiding people the risk of deep feelings of loneliness, isolation and marginalization. The interaction through the virtual allows the continuity of visual interactions, and together with an authentic empathic involvement comes the middle the therapeutic relationship. It is the quality of the encounter between patient and therapist and the empathic intensity, even through the virtual, that determine the effectiveness of the intervention.

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## Il contagio emotivo nel lavoro clinico con le vittime di mafia

**POSTER** presentato al **XXVII Congresso Nazionale: "Contagi relazionali: emozioni, comportamenti, culture in Psicologia Individuale"** - 13-15 Aprile 2018 - Centro Pastorale Paolo VI, Brescia

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## [Il contagio emotivo nella relazione terapeutica e nella supervisione di gruppo](#)

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## [Il corpo, il linguaggio e la cultura del gruppo: un percorso di psicoterapia per le donne con tumore al seno](#)

**POSTER** presentato al **XXV Congresso Nazionale SIPI: "Corpo, linguaggio, cultura. Una corrente portante adleriana"** - 18-19 Aprile 2015 - Auditorium San Francesco Norcia (PG)

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## **Dragonette Torino: corpo, linguaggio e cultura in un processo di resilienza**

**POSTER** presentato al **XXV Congresso Nazionale SIPI: “Corpo, linguaggio, cultura. Una corrente portante adleriana”** - 18-19 Aprile 2015 - Auditorium San Francesco Norcia (PG)

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