

[Il setting analitico](#)

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[EDITORIAL: XXII Congr. SIPI - The network of fictions in the Adlerian theory and practice](#)

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[Talk about the individual psychology and about the eclecticism](#)

[048_Pier Luigi Pagani_ITA](#) The full article is available for download in Italian only. [DOWNLOAD PDF](#)

Summary. It is ascertained that some operators of the area of the Individual Psychology are prone to the eclecticism because of a certain inferiority feeling towards other psychological principles, so it is noticed that this is mainly had to the growing weak in them of those certainties, in precedence assured by the trust in the theory in which they were formed, but of which they hadn't succeeded to really assimilate the rational construction. For such motive the logical consequentality of the adlerian model, defined a true "man's theory", its function to the service of the welfare of the individual and its scientificity are proposed. Therefore, eclectic conciliations of ideas which are substantially incompatible among them, combined together without any originality, and even, in total opposition with the adlerian thought are useless and also harmful. In such last cases, it would seem more correct to speak of "syncretism" than of eclecticism.

[The silence of the patient in the psychotherapeutic setting](#)

[050_Giovanna Cazzaniga_ITA](#)

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Summary. The author examined the different meanings the silence of the patient may take on in the psychotherapeutic setting and the related ways of intervention of the therapist, according to some Psychoanalytic schools and the Individual Psychology. According to depths psychologies taken into account, silence is communication even when is an expression of resistance to treatment. It may direct feelings, emotions, experiences, wishes, needs, particular for each patient and therefore should be interpreted only in an individual way. The silence as a way of resistance, according to Individual Psychology, is an expression of the instance of self-assertion which has the aim to safeguard the Self-Style of life and to search for security. Resistance and symptom considered as Selfdefence, oriented in a finalist way, are being taken back by some psychoanalytic currents of thought and inserted in their theoretic pattern. The Adlerian psychotherapist flexible, empathic attitude, aware to be involved in the relationship with the patient is even considered as the most effective behaviour to have facing a silent patient. The silence analysis is not only a tool to point out the resistance to psychotherapy and to the changing process, but may result, if the psychotherapist interacts in the corresponding way to the emotional states of the patient, a precious occasion to grasp and promote the expression of the emotions and creativity of the patient.

[The supportive-expressive model: practical instrument or neurotic fiction?](#)

[053_Stefano Candellieri_ITA](#)

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Summary. The present work points to criticize the supportive-expressive model as well as the separation in it between psychotherapy and psychoanalysis. In fact, in spite of the intention to resolve it, the supportive-expressive model seems to maintain the antithetical opposition between the most important two curative factors, attachment/interaction on one hand and exploration/interpretation on the other hand. This is the basis of the distinction between psychotherapy and psychoanalysis. The strong relation among the curative factors is examined and a return to a single psychodynamic psychotherapy, consistent with the adlerian point of view, is

proposed. Its characteristics are, finally, briefly exposed.

[The standardization of processes of psychodynamic psychotherapies: a critical revision in an Adlerian prospect](#)

[056_Andrea Ferrero_ITA](#)

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Summary. The problem of the standardization of processes defining analytical psychotherapies is getting more and more important during the last ten years. This matter regards all the psychodynamic schools and the Individual Psychology too. The possibility to standardize the adlerian psychotherapies is connected to the possibility to use a right method for the research. The definition of processes is only relatively important in the training of the analyst and psychotherapist. The best therapist is the technically experienced one, but also the one who doesn't give up the vital source of his own experience and the one who continuously learns from the relation with the patient.

[The interpretation in psychodiagnostic and in psychotherapy according to the Adlerian methodology](#)

[058_Pier Luigi Pagani_ITA](#)

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Summary. The interpretative technique is the fundamental diagnostic instrument for every psychodynamic treatment. With reference to the model of Individual Psychology, the interpretation is, in the diagnostic field, the capacity of the operator to decode, with deep techniques, the hidden meanings of words and behaviours to understand the fundamental traits of personality and in therapeutic field, every communication which intends to reveal, by an adlerian interpretation, the consciousness of hidden or recondit meanings contained in speeches and attitudes, moreover it gives to the patient the reasons that have brought him to hide or camouflage the clear sense of matters. The presentation of some interpretative moments of a medical case will show the use of the two interpretative ways.

EDITORIAL: The empathic Adlerian relationship and the reorganization of the interindividuality

[063_editoriale_ITA](#)

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