

[Dream and the periods of life in the analysis of a borderline disorder](#)

[CD_065_Balzano](#)

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Summary. Dreams could be useful in psychoanalysis with patients affected by Borderline Personality Disorder. Empathy is a fundamental element to create a therapeutic alliance with these patients and to deeply understand the meanings of their dreams.

[Dreams: a way of resistance but also a way of changing in Adlerian analysis paths](#)

[CD_065_Bosetto](#)

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Summary. Dreams get a fundamental role in psychodynamic therapies. As soon as we tell patients that dreams are “useful” to analysis it’s likely to occur that either they bring up several of them or they say they do not remember any. In this work we intend to reflect upon resistance and change dynamics put to use through dreams during a path of analysis. The dream of a patient who’s acting for a change in her way of life is related in the work. From a methodological point of view, it is necessary to help patients to select the valuable materials connected to state dream that they offer us. It is necessary to focus on the first dreams they’ve brought up to us and on the last ones; in the meantime identifying crucial dreams could represent, in this perspective, an useful tip for developing of the analysis.

[The dream](#)

[CD_065_Bossi-Bramardi](#)

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Summary. To understand a person is important to understand not only his defense, but also feelings that are kept under control by those who defended and that function as defenses. The dream in line with the most modern lines of research in psychotherapy can be studied from the perspective of their content and the opportunity to recognize, classify, study them.

Dream in oncological patient

[CD_065_Bovero et Alii](#)

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Summary. The purpose of this research is analyzing the influence of cancer on dream, on personality and on quality of life. At the sample was asked to tell a dream with positive and negative emotional impact and was evaluated with Rorschach test, Visual Analogue Scale, Hospital Anxiety Depression Scale, Mini-Mental Adjustment to Cancer Scale, and European Organization for Research and Treatment of Cancer Quality-of Life Questionnaire. The results were interesting and show important correlations among Rorschach test, dreams and rating scales. These results give important indications about the activation of psychodynamic psychotherapy for oncological patients.

Dream in the combinate psychotherapic and pharmacological treatment

[CD_065_Braida](#)

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Summary. The synergy of psychotherapy and psychopharmacology treatment is an important aspect of the current approach to patients. This integration is very important in different areas, particularly for the sleeping well-being.

[Daydreams: the metaphorical language in the analogical communication](#)

[CD_065_Cattich](#)

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Summary. Current aspects of non verbal communication are barely considered and deepened in psychodynamic psychotherapies. But in clinical practice non verbal - or analogical - techniques are widely used. In this article different analogical techniques are shown and discussed.

[The study of dreams: difficulties on the approach by tests](#)

[CD_065_Comba et Alii](#)

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Summary. Recently dreams seem to be less useful in psychoanalytic practice, even if their importance is clear. A scientific approach to study and collect data about dreams could be necessary to assess their relevance in psychoanalytic treatment.

[Dreams and eating disorders](#)

[CD_065_Delsedime et Alii](#)

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Summary. From an Adlerian point of view, dreams have to be considered as expressions of life-style; indeed this is the only way to interpret them correctly. In patients affected by Eating Disorders, dreams are characterized by low self-esteem and anger.

[Sleeping disorder and eating disorder](#)

[CD_065_Facchini et Alii](#)

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Summary. Often Eating Disorders are associated with Sleep Disorders like Night Eating Syndrome, Nocturnal Eating Syndrome, Sleep-Related Eating Disorder. Also insomnia is very common in Eating Disorders and it has been shown to have a multifactorial pathogenesis.

[When the psychotherapist dreams the patient. Remarks about countertransference, therapeutic relationship, therapeutic process in the Adlerian psychodynamic psychotherapies](#)

[CD_065_Fassina et Alii](#)

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Summary. The psychodynamic tradition evidences that the patients' dreams, particularly transfert dreams, can contribute to a better comprehension not only of the patients' changes in the clinical manifestations and in the defence mechanisms' organization, but also of the quality of the therapeutic relationship; furthermore, patients' dreams can evidence some developments of the therapeutic process. It can occur that the therapist dreams about a patient too. Some of these dreams have an important countertransferral meaning; if the therapist understands and elaborates the unconscious meanings of his/her dreams, they can become really useful in the comprehension of the therapeutic relationship and in the management of the therapeutic process. This paper proposes some theoretical considerations about the utility of the therapist's countertransferral dreams, starting from the description of two therapists' dreams about a patient, during an Adlerian Psychodynamic Psychotherapy.
