

# [Pain and compensation: from the Greek mythology to the Christian Theology. The answer of Adler.](#)

Poster session presented at the XXIII S.I.P.I. National Congress - "The network of the compensatory functions in the Adlerian theory and practice", Milan, 2012.

The full article is available for download in Italian only.

*Summary.* Over the centuries, people have always wondered about human pain. The ancient Greeks thought that pain was caused by hellish gods: evil depended on Fate and it caused the pain of humanity. Christians think that pain comes from man: evil depends on free will and it causes pain. But the same pain cleanses of sin and it becomes a source of compensation. Adler wasn't Christian and he explained the individual according to a social sense. He hasn't mythicized man and pain; he has given attention to the whole community because he was convinced that a human being can't be separated from the whole community and that every emotion makes sense only if considered among the interpersonal relationships of society. Adler's answer (compensation) to problems of life and to pain (inferiority) is the cooperation among our peers.

[CD\\_075\\_Milano\\_Berselli](#)

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# [Psychopathological and clinical observations concerning pain syndroms](#)

[042\\_Giuseppe Scarso\\_Guido Emanuelli\\_Luciano Azzara\\_ITA](#)

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*Summary.* Several etiopathogenetic mechanisms are by now acknowledged as the basis of pain syndromes, variously interacting and denoting a situation of "organ-clinic" disparity. The therapeutic approach cannot disregard this reality, developing in accordance with a network model, in which several intervention perspectives are considered: algologic, surgical, psychopharmacological. In this paper some considerations are advanced concerning adaptation and compensation mechanisms in some algic syndromes such as facial pain and low back pain where age of onset and pain aspects can affect the complex relationship between clinical features and life style.

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# [Biopsychosociocultural aspects of pain: thoughts about clinical and psychotherapeutic experiences with the oncological patient](#)

[065\\_Andrea Bovero\\_Elena Zaina\\_Riccardo Torta\\_ITA](#)

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*Summary.* The purpose of this work is to talk about pain as a multifactorial experience, according to a iopsychosocial model, in which biological, psychological and social factors interact dynamically. The experience of pain constitutes a complex phenomenon in which physical and psychological components intertwine, inseparably, when organic is generated from pathological processes stimulating nociceptive mechanisms and when psychological processes develop a central role in the modulation of pain. Physical pain subject, therefore not only mental suffering, has always been represented a sphere of interest for clinical psychology and its contribution regards the comprehension of pain experience and its therapeutic treatments.

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