

Group setting and individual setting in psychoeducational treatments for parents of adolescents with personality disorders: clinical experiences

Paper presented at the XXIV S.I.P.I. National Congress - "The settings in Individual Psychology", Turin, 2013.

The full article is available for download in Italian only.

Summary. This paper aims to propose some reflections on the specificity and the management of the setting in psychoeducational treatments for parents of adolescents with personality disorders, with a view to the complex-needs cares of patients and to the prevention of personality disorders. Reflections and clinical data related to psychoeducational interventions, both in a group setting and in an individual setting, conducted with a methodology named G-APP - Group-Adlerian Psychodynamic Psychoeducation will be presented. This methodology is coded within the SSD Psychotherapy Unit and DPA Center, for Prevention and Treatment of Personality Disorders in Adolescence, Psychotherapy Unit, DSM ASL TO4, Settimo T.se (TO). After a brief review of national and international literature about theoretical models and treatments for parents of adolescents with personality disorders, and after a reflection on the distinction between counseling and psychoeducational interventions, G-APP's strategies, objectives and methodology will be presented, with specific attention to the management of the setting and to research protocols applied to it.

[CD_075_Torino_Simonelli-Cairo-Fassina-Ferrero](#)

Le funzioni compensatorie per la prevenzione dei disturbi della personalità in Adolescenza

Poster session presented at the XXIII S.I.P.I. National Congress - "The network of the compensatory functions in the Adlerian theory and practice", Milan, 2012.

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The time cure: individual psychology and modern psychopathology

[062_Giorgio Leccardi_ITA](#)

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Summary. Every historical period is featured by specific political, economic and sociological dynamics and a specific psychopathology. The modern age seems to be dominated by problems concerning the lack of definition of borders, limits and the classic reference parameters. On the psychopathological plane, this is accompanied by the appearance of disturbances which are new in terms of clinical and epidemiological symptoms and their social impact. Even Individual Psychology cannot not review some principles which have structured its theoretical implant and therapeutic practice in facing them.

Time and the modern psychopathology

[063_Silvia Pagani_ITA](#)

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Summary. The deconstruction of the sense of time, typical of many personality disorders, shows us the weakness, the precariousness and the delicacy of those patients and the difficulty to live in a fluent world which is unforeseeable and incomprehensible in its rapid changes. Future is vague and it can't be seen as a possibility but as a distress. The temporal horizon is reduced to the present and the long term project, which defines the personal identity, is also reduced.

The encouragement strategies in the

[psychotherapy with borderline and narcissistic personality disorders.](#)

[066_Alessandra Bianconi_Simona Fassina_ITA](#)

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Summary. The topic of the encouragement will be considered in this paper starting from the adlerian perspective of encouragement as a Lifestyle function, emphasizing the correlation between inferiority and creativity. According to Adlerian Psychodynamic Psychotherapies (APPs) the encouragement assumes a peculiar technical and methodological value, because it configures a specific therapeutic strategy. An “encouraging psychotherapy” puts its basis in a bio-psycho-social explicative comprehension of the individual, of his/her history, of his/her life project and also of his/her symptomatology. The therapeutic strategies that tend toward encouragement correlate either to the clinical and general objectives of the proposed psychotherapeutic treatment and to the right and proper choice of technical instruments. The theoretical models’ development, the clinical trials, the treatment efficacy researches and the psychotherapy process studies yield precious prompts for the treatment of Borderline Personality Organizations, and in particular of the Borderline and Narcissistic Disorders. Some clinical histories will be proposed in order to highlight the use of the encouragement strategies and the encouraging use of some specific technical instruments during the psychotherapy with this kind of patients. Furthermore, it will be underlined the importance of the therapist’s ability of empathetically modulating his/her counter-attitude, at the patient’s and therapeutic objectives’ disposal.
