

## **Il lavoro con i genitori in accompagnamento alla psicoterapia con i bambini e gli adolescenti**

Poster session presented at the XXIV S.I.P.I. National Congress - "The settings in Individual Psychology", Turin, 2013.

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## **Counselling: comunicare e fare rete**

Poster session presented at the XXIV S.I.P.I. National Congress - "The settings in Individual Psychology", Turin, 2013.

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## **I luoghi della relazioni d'aiuto. Il setting nel counselling e negli approcci psicoeducazionali**

Paper presented at the XXIV S.I.P.I. National Congress - "The settings in Individual Psychology", Turin, 2013.

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# [Dai processi finzionali e compensativi della "Principessa" A. a un confronto fra il modello clinico-terapeutico di Adler e quello metacognitivo di Welles](#)

Poster session presented at the XXIII S.I.P.I. National Congress - "The network of the compensatory functions in the Adlerian theory and practice", Milan, 2012.

The pdf file and the *Summary* are not available at the moment. If you are interested in this article, please send your request to the following address [rivistasipi@libero.it](mailto:rivistasipi@libero.it)

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## [Encouragement during the Counseling with minors](#)

[067\\_CD\\_Berselli](#)

The full article is available for download in Italian only. [DOWNLOAD PDF](#)

*Summary.* Adler says that the inferiority feeling is innate and so it is functional for the individual, functional to its overcoming. Parents, educators, psychologists and counselors have to promote this adlerian encouraging process to prepare children to face the most important tasks of life with a feeling of cooperation. Children who arrive to a psychological counseling haven't overcome their inferiority feeling but, on the contrary, they have often cultivated it. And we have to address encouragement both towards parents and children. In fact, adults are the emotional world of children and Adler teaches us that emotions can modify the situations in favour of those individuals who feels them.

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## [Effectiveness of individual and group Adlerian counseling for parents of eating disorder patients](#)

[067\\_CD\\_Cazzaniga et Alii](#)

The full article is available for download in Italian only. [DOWNLOAD PDF](#)

*Summary.* Many research areas consider family not only as a factor affecting ED aetiology, but also as a resource, as a factor promoting changes and as a relapse prevention tool. Family involvement into the therapeutic process is therefore hoped for in order to achieve best possible results. In the article, we described the use of Adlerian Individual and Group Counselling with parents of ED patients, admitted to Pilot Regional Centre for Eating Disorder of Turin University, directed by Professor Secondo Fassino. Individual and Group Adlerian Counseling aims to shift attention from somatic to relational-emotive facets, to enhance a supportive attitude, to promote identification with daughters and to improve communication. Encouragement and identification processes are basic instruments to reach an increase of Social Feeling in parents. The ability to empathize with daughters' difficulties and suffering allows parents to support them. Family intervention is useful to encourage parents, to increase self-esteem, to modify family dynamics and thus represents an important therapeutic tool that indirectly operate on patients' disorder.

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## **The counseling: a two-face Janus**

[045\\_Mario Fulcheri\\_Rossana Accomazzo\\_ITA](#)

The full article is available for download in Italian only. [DOWNLOAD PDF](#)

*Summary.* In the long run the counseling has undergone continuous redefinitions and now, in Italy, it has a more suitable theoretical and methodological arrangement. We think the interest born from this theme in the Adlerian school, is in relation with the attention and the availability of the school to remodel its potentiality of intervention on the request in continuous transformation. The flexible model of Individual Psychology has been fit for an extension of its possible attention in different contexts, from the psychopathologic and clinic one to the social one. With wealth of detail, the article describes the development of the counseling in America, in Europe and in Italy, it traces the differences between psychotherapy and counseling and it draws the counselor's formative iter to reach a convenient professional identity.

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## **The Adlerian model in four phases for psycho-social and educational counseling**

[047\\_Cosimo Varriale\\_Paola Parlato\\_ITA](#)

The full article is available for download in Italian only. [DOWNLOAD PDF](#)

*Summary.* The authors present a systematic procedure of “helping”, called the Adlerian Model in Four Phases for counselors working in the psycho-social, educational and community fields. This procedure integrates the classical theoretical and applied concepts of Individual Psychology with the more recent contributions of the social cognitive approach.

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## **Adlerian counseling as transcultural interventation**

[049\\_Donato Munno\\_Simona Cesano\\_Silvia Caporale\\_Giuseppina Zullo\\_ITA](#)

The full article is available for download in Italian only. [DOWNLOAD PDF](#)

*Summary.* The immigration increase in Europe and in the last years in Italy has underlined the problem of a specific intervention, in order to answer to the requirements of this new user, which tends to utilize not much the Mental Health Services, even if they present a great emotional and social matters which often leads to psychiatric disorders. The article proposes a technique, transcultural counseling, which prevalently uses communicative methods, belong to adlerian theory. The principal aims of this intervention are: promotion of patient’s autonomy and monitoring of migratory phenomenon with purpose of projecting preventive measures and institutional innovations. This technique needs specifically trained operators and operators belonging to different ethnic Group.

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## **Adlerian Parental Counselling for parents of eating disorder patients**

[073\\_Federico Amianto et Alii\\_ITA](#)

The full article is available for download in Italian only.

*Summary.* Adlerian Parental Counseling (CPA) is an hetero-centered treatment which aims to increase awareness of relational problems that may affect families with an eating disorder. The CPA is a brief intervention in which the counselor focuses on the problems pertaining the eating habits and relational attitudes of the affected family member. These are defined and clarified with the parents, while other issues not directly related to the focus are delegated to a psychotherapeutic treatment. In all mental disorders and in particular in eating disorders, therapeutic team must take

in charge not only the individual patient, but the entire family, with a psychodynamic attitude and supportive purposes, being the family a fundamental core of the disorder. The liabilities should be recognized and defined, but the family members should not be blamed as the cause of the disorder, but conceived as a resource for the healing process. Especially in families with high maternal criticism and in adolescent or young adult patients, who go in search for the definition of an independent identity the CPA may be a cost-effective tool to take care of the family that must be used as a key ally in the healing process of the patient.

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