

# [Le compensazioni nella Psicologia Clinica di liaison](#)

Paper presented at the XXIII S.I.P.I. National Congress - "The network of the compensatory functions in the Adlerian theory and practice", Milan, 2012.

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# [The concept of perfectionism in present research and in compensation's Adlerian Theory. Theoretical and clinical reflections](#)

Paper presented at the XXIII S.I.P.I. National Congress - "The network of the compensatory functions in the Adlerian theory and practice", Milan, 2012.

The full article is available for download in Italian only.

*Summary.* The concept of perfectionism has recently met with a strong appreciation and attention. Numerous studies and the same DSMIV specifically mentioning the tract as problematic character, always present, inter alia, in eating disorders, particularly anorexia, in obsessive-compulsive disorders, social anxiety, and other inconveniences and in dismorphophobias. There are different theories which differ in the nature of the mono-or multidimensional perfectionism of which there are also related test, one of which in the course of standardization in Italy. The studies reported dwell on both theoretical aspects of both clinical evaluations in the sense of describing how the perfectionist trait affect the construction or development of symptoms. The approach of study that more research on this issue turns out to be closely connected with defining and classifying. Adlerian Theory of compensation, in welcoming the stimuli of the research, is able to explain and interpret the perfectionism in a logical and organic giving an account of the personal and environmental construction related. The creative need or induced, however, suffered, to ask very high performance is framed as one of several choices of quest for individual superiority.

[CD\\_075\\_Milano\\_Ponziani](#)

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# [Relazioni virtuali e compensazioni](#)

Paper presented at the XXIII S.I.P.I. National Congress - "The network of the compensatory functions in the Adlerian theory and practice", Milan, 2012.

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## [The compensations in Individual Psychology](#)

Paper presented at the XXIII S.I.P.I. National Congress - "The network of the compensatory functions in the Adlerian theory and practice", Milan, 2012.

The full article is available for download in Italian only.

*Summary.* Adler, extended the theory of compensation to include all aspects of man's life, not just his biological functioning. The child's guiding function, his goal, is established as means and direction - giver for his striving to compensate for his perceived or felt inferiority. At the same time, the goal becomes the activator of his struggles to compensate. Compensation is then, a part of the human condition. It may become magnified under some conditions - notably in cases of organ inferiority. As a construct in a psychotherapeutic strategy, through the empathy we can utilize the concepts of resistance, resilience and encouragement.

[CD\\_075\\_Milano\\_Rovera](#)

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## [The relational dependence as pathological fictional compensation in the era of communications mediated by new technologies](#)

[069\\_CD\\_Laguzzi et Alii](#)

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*Summary.* According to Adlerian theory “the stronger and the more intense is the sense of inferiority, the greater is the need to refer to a guideline that will emerge more clearly and will have as ultimate aim the safety. The fiction makes its appearance whenever the mind has to create a solution that promises safety. Insecurity is therefore reduced to the lowest possible level and it is immediately transformed into its opposite, that, in the guise of fictional goal, orients desires and fantasies. At a certain point it is possible that this goal becomes strengthened to the point to be considered concrete. In every mind there is the concept of a fictional goal to climb over the present and so measure the absence and the difficulties postulating a concrete goal for the future. This goal allows the individual to think himself and feel superior to the difficulties of the present in virtue of future success that he has in his mind [1]”. According to this perspective, this work explores the theme of the dependent relationship and the underlying addictive personality, understood as an expression of a pathological attempt to compensation using another “as if”, like a magical control of the self and solver of the needs of recognition and security. It is also considered, in this context the amplifying action of the fictions induced by the Communications Mediated by the New Technology and by the consequent changes in cultural anthropology.

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## **Psychopathological and clinical observations concerning pain syndroms**

[042\\_Giuseppe Scarso\\_Guido Emanuelli\\_Luciano Azzara\\_ITA](#)

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*Summary.* Several etiopathogenetic mechanisms are by now acknowledged as the basis of pain syndromes, variously interacting and denoting a situation of “organ-clinic” disparity. The therapeutic approach cannot disregard this reality, developing in accordance with a network model, in which several intervention perspectives are considered: algologic, surgical, psychopharmacological. In this paper some considerations are advanced concerning adaptation and compensation mechanisms in some algic syndromes such as facial pain and low back pain where age of onset and pain aspects can affect the complex relationship between clinical features and life style.

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## **ART AND CULTURE: Wolfgang Amadeus Mozart: the “creative-self” and the music of joy**

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*Summary.* The adaptation of the child Mozart to his father's need of realization, the resulting affective lacks and the heavy activity of musician he has to assume from his childhood, contribute to radicate a deep doubt to be loved simply as a man. The feeling to be undervalued, the resulting state of doubt and inferiority, originate the wish to rise to reach that compensation and perfection witnessed by his music and which manifest themselves though the ability to sublimate from his sufferings producing a music of joy.

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## **Fictions and Life-Style**

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*Summary.* The Author analyses the concept of fiction, he recognizes the philosophic origin and the psychological manipulation made by Adler. He creates, by these representations and by the fictional compensation, the human personality. Adler defines the personality as the style of life: the individual relational and original way every subject organizes to look for a fictional aim. The correct style of life recognizes the balance between personal and social needs, psychological expression of a need of justice, that it is hard to have in philosophy and in politics. The Author finds also in neurotic style of life a need of justice, also if it is used by an instrumental and special way. He feels in the concept of social feeling a need of justice that permeates all the individual- psychological construction.

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## **Sterility syndrome: the inferiority complex and its compensation**

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*Summary.* Sterility is an organic inferiority condition which often involves psychological disorders in the bio-psychic unity of the individual. The empathetic listening to the sterile person's background has allowed to discover in their life-style a number of psychological behaviours which are relevant

to infertility. This multitude of psychological discomforts involved in the emotional-affective-relational sphere in the life-style of a sterile person is defined as Sterility Syndrome.

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## [Characteristics and peculiarities of the analytical relationship in individual psychology](#)

[071\\_Alberto Mascetti\\_ITA](#)

The full article is available for download in Italian only. [DOWNLOAD PDF](#)

*Summary.* Each psychotherapy school carries a cultural and practical background with itself, which is connected to its view of the world. The activated procedures as the aim of psychotherapy, which are strictly connected to each school of thought, unfold according to common lines and objectives, regardless their characterising lexical differences. As far as Individual psychology is concerned, the best way to identify the Individual's relational ways and habits is through the analysis of their lifestyle. In Adler's point of view, the relation consists of the comparisons and contrasts between the doctor's and the patient's lifestyles. The different shapes and peculiarities of this relationship will be the central subject matter of the following report.

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